



## How to take care of your piercing:

### ear

**Every piercing is an open wound! Keep it clean to avoid an infection!  
Therefore: before you take care of your piercing, wash your hands well.**

In the first 2 - 3 weeks try to avoid any cause of infection, especially:

- no bathing (showering is okay)
- no poolside
- no sauna
- no solarium
- no contact with extraneous body fluids

Try to avoid heavy sweating because of bacteria within the sweat which could get into the wound.  
Please keep away body care products as well as cosmetics from the pierced area within the first 2 weeks.

As part of the daily body care (daily showering/washing) the piercing and the surrounding area should get soaped (ph-adjusted soap) carefully and cleaned with water.

Next perform the following steps for disinfection:

Spray up a cotton swab with ProntoLind® 2 - 3 times a day, rub it gently over the pierced area and allow it to take effect for 2 - 3 minutes. Clean the residues with a cotton swab.

Please avoid contact to your piercing with any hair products for 2 - 3 weeks.

The healing time is different for every ear and spot. At the lobe it takes 6 - 8 weeks, the tragus takes 3 - 6 months. Piercings at the outer ear can take up to 6 months.

Please don't use any other care products than those mentioned. Notice that overdoing the care can extend the healing time.

**Don't forget:** If you wear a bar, check the screw-in ball daily to make sure it is fixed!

Please visit us again in two weeks for a follow-up check!

Before the jewelry gets changed, please visit us so we can check if the piercing is healed up.

Please follow the above care instructions on your own behalf. They are based on practical experience and proved efficiency.

**Even with a completely healed piercing the jewelry must be worn permanently. The branch canal (depending on the pierced area) can close up within hours and you can't insert the jewelry anymore!**

**In case of questions or complications just call us by phone or visit us in our studio.**