



## How to take care of your piercing:

### Micro dermal anchor / skin diver

**Every piercing is an open wound! Keep it clean to avoid an infection!  
Therefore: before you take care of your piercing, wash your hands well.**

In the first 2 - 3 weeks try to avoid any cause of infection, especially:

- no bathing (showering is okay)
- no poolside
- no sauna
- no solarium
- no contact with extraneous body fluids

Try to avoid heavy sweating because of bacteria within the sweat which could get into the wound.  
Please keep away body care products as well as cosmetics from the pierced area within the first 4 weeks strictly.  
(Danger of lubricant infection)

The patch needs to stay on the piercing day and night for the first 10 - 14 days and should get changed once daily.

Clean your dermal anchor / skin diver with saline solution and cotton swabs.

Be sure to only take care of your piercing with clean hands.

After those 14 days wear the patch for the next 7 - 10 days only during the night.

The patch shouldn't be bigger than 3 x 3 cm and without a big adhesive surface. (A big patch might irritate your skin)  
If you notice skin changes caused by the patch, contact your piercer immediately.

The healing process takes at least 3 months.

Don't change the jewelry within that period of time.

**Please visit us again in two weeks for a follow-up check!**

**Only qualified personnel can remove a dermal anchor / skin diver!**

**In case of questions or complications just call us by phone or visit us in our studio.**